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# Atomoxetine Reverses Nicotine Withdrawal-Associated Deficits in Contextual Fear Conditioning

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Recent evidence suggests that the cognitive symptoms of nicotine withdrawal and the cognitive symptoms of attention deficit hyperactivity disorder (ADHD) may share neural correlates. Thus, therapeutics that ameliorate ADHD symptoms may also ameliorate nicotine-withdrawal symptoms. The present research tested this hypothesis in an animal model of nicotine withdrawal-associated cognitive deficits using atomoxetine, a norepinephrine reuptake inhibitor that is approved by the FDA to treat the symptoms of ADHD. C57BL/6 mice were prepared with osmotic minipumps that administered 6.3 mg/kg/day of nicotine or saline, and the minipumps were removed after 12 days of continuous treatment. Twenty-four hours later, mice were trained in delay fear conditioning using two paired presentations of an auditory conditioned stimulus (CS) with a footshock unconditioned stimulus. Testing for freezing in response to the training context and for freezing in response to the CS occurred the next day. Nicotine-withdrawn mice and their saline-treated counterparts received either saline or atomoxetine before training and the context test. Consistent with previous research, the results indicate that mice withdrawn from chronic nicotine demonstrated lower levels of contextual fear conditioning than mice that were not withdrawn from chronic nicotine. Atomoxetine dose-dependently reversed the deficit, suggesting that nicotine withdrawal may be associated with changes in noradrenergic function, acetycholinergic function, and/or with changes in cell signaling cascades that are activated by both nicotine and norepinephrine. These data suggest that atomoxetine may be efficacious for treating nicotine withdrawal-associated cognitive deficits that promote relapse in abstinent smokers.

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## INTRODUCTION

Nicotine addiction is a complex disorder characterized by alterations in behavior and neural function that are just beginning to be understood (Hyman and Malenka, 2001; Picciotto and Corrigall, 2002; Watkins et al, 2000). Although the health risks of nicotine use are well known, 46 million adults in the United States are chronic smokers (Center for Disease Control, 2004). Dependence on tobacco and high rates of relapse may result from the aversive symptoms associated with nicotine withdrawal (Kenny and Markou, 2001); withdrawal from chronic nicotine results in a variety of somatic and affective symptoms in humans, including insomnia, increased appetite, anxiety, and difficulty in concentrating (Hughes et al, 1991; Snyder et al, 1989). The National Institute on Drug Abuse (NIDA, 2004) estimates that, among smokers who attempt to quit each year, less than 6% are successful in abstaining for a month. The success rates for individuals who seek help through medication are better; current first-line pharmacological smoking cessation treatments include nicotine replacement (ie nicotine gum, the nicotine lozenge, nicotine patches, and nicotine inhalers), the administration of bupropion, an inhibitor of dopamine and norepinephrine transporters (for a review see Warner and Shoaib, 2005), and the administration of varenicline, a partial agonist of  $\alpha 4\beta 2$  nicotinic receptors (nAChRs; for a review see Foulds, 2006). Although these medications can double the smoking cessation rates relative to placebo (Fiore *et al*, 2000), only a fraction of treated smokers are able to quit and maintain abstinence (Lerman *et al*, 2005). Thus, preclinical research to identify novel biological targets for more efficacious treatments is urgently needed.

Nicotine withdrawal symptoms represent an important target for nicotine-dependence medication development. These symptoms are diverse, and expression of these symptoms may vary with environmental and genetic factors (Bergen and Caporaso, 1999; Rende *et al*, 2005). One frequently reported withdrawal symptom is disrupted cognitive processes (for a reviews see Baker *et al*, 2004; Jarvis, 2004). In smokers, nicotine abstinence is associated with deficits in concentration (Hendricks *et al*, 2006), sustained attention (Hendricks *et al*, 2006), digit recall (Snyder *et al*, 1989), paired associate learning (Kleinman

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et al, 1973), and with increases in reaction time in a twoletter search task (Bell et al, 1999). Importantly, increases in self-reported cognitive deficits following smoking cessation predict the likelihood of relapse (Rukstalis et al, 2005).

Despite support for the clinical importance of nicotine abstinence-induced cognitive deficits, few studies have investigated the effects of withdrawal from nicotine on learning in animal models. Work from our lab examined the effects of acute systemic nicotine, chronic systemic nicotine, and withdrawal from chronic systemic nicotine on fear conditioning in C57BL/6 mice (for review see Gould, 2006). The use of fear conditioning to examine the effects of nicotine on learning offers advantages over other tasks. First, the task is rapidly acquired and can, therefore, be utilized to examine the effects of nicotine and nicotine withdrawal on acquisition (ie learning). Second, the task involves two types of learning that recruit different brain regions. Specifically, mice are trained using two paired, coterminating presentations of a discrete auditory conditioned stimulus (CS) with a footshock unconditioned stimulus (US) (Gould and Higgins, 2003; Gould and Wehner, 1999; Logue et al, 1997; Owen et al, 1997). Two associations are formed as a result of training: a hippocampus-dependent association between the context in which training occurred and the US, and a hippocampusindependent association between the auditory CS and the US (Fanselow et al, 1994; Logue et al, 1997; Phillips and Ledoux, 1992). Fear conditioning can be used, then, to assess if the effects of nicotine are specific to one type of learning or if they generalize across types of learning. Such data can provide information that will aid in understanding the behavioral and neural processes that underlie nicotine addiction, thereby leading to novel therapeutics.

The results of our research (Davis and Gould, 2006; Davis et al, 2005, 2006; Gould, 2003; Gould et al, 2004; Gould and Higgins, 2003; Gould and Lommock, 2003; Gould and Wehner, 1999) and the research of others (Wehner et al, 2004) indicate that acute nicotine dose dependently enhances contextual fear conditioning. In mice, chronic administration of a dose of nicotine that produces plasma nicotine levels that are similar to the acute dose of nicotine that enhances contextual fear conditioning has no effect on the task, suggesting the development of tolerance. Withdrawal from this dose of nicotine is associated with impaired contextual fear conditioning (Davis et al, 2005). This withdrawal-associated deficit did not generalize to conditioning to the auditory CS, suggesting that the deficit is not due to general alterations in arousal or fear

With the development and validation of this, an animal model for studying nicotine withdrawal-associated deficits in learning, it is possible to screen potential ameliorative agents for the treatment of nicotine withdrawal-associated deficits in cognitive processes. Previous research has demonstrated that administration of an acute dose of nicotine reverses nicotine withdrawal-associated deficits in contextual fear conditioning (Davis et al, 2005); this may model the ability of nicotine replacement to aid in reducing nicotine withdrawal symptoms. The present research targeted a novel non-nicotine therapeutic agent for the treatment of nicotine withdrawal-related deficits in cognitive-related processes.

Atomoxetine, a norepinephrine-reuptake inhibitor approved by the FDA to treat attention deficit hyperactivity disorder (ADHD) (Kratochvil et al, 2003), increases the amount of synaptic norepinephrine and, to a lesser extent, dopamine and serotonin, by inhibiting the reuptake of these neurotransmitters (Swanson et al, 2006). In addition, a recent study (Tzavara et al, 2006) suggests that atomoxetine indirectly increases acetylcholine levels via activation of  $\alpha$ -1 norepinephrine receptors and/or activation of D1 dopamine receptors. ADHD is characterized by cognitive symptoms that are similar to those seen during nicotine withdrawal. Specifically, individuals with ADHD experience deficits in both selective and sustained attention, motivation, and working memory (see Beane and Marrocco (2004) for a review). These symptoms have been attributed to alterations in the acetylcholinergic and noradrenergic systems (for a review see Beane and Marrocco, 2004).

Recent research indicates that individuals with ADHD are more likely to smoke (Lambert and Hartsough, 1998; Pomerleau et al, 2003) and suffer more severe withdrawal symptoms following smoking cessation than individuals who do not have the disorder (Pomerleau et al, 2003). Furthermore, Conners et al (1996) demonstrated that acute nicotine reverses some of the attentional deficits seen in ADHD, and subthreshold symptoms of ADHD (eg concentration deficits, impulsivity) are associated with nicotine dependence and promote 'self-medication smoking' (Lerman et al, 2001). Increases in such ADHD symptoms following smoking cessation are associated with a greater risk of relapse (Rukstalis et al, 2005). These data suggest that ADHD and nicotine addiction may be comorbid and that nicotine withdrawal symptoms and ADHD may share similar neural correlates. In addition, these converging lines of evidence support the hypothesis that a drug, such as atomoxetine, that is efficacious for treating ADHD symptoms may also be efficacious for treating nicotine withdrawal-associated deficits in cognition that promote relapse. Therefore, the present study examined if atomoxetine would reverse nicotine withdrawal-associated deficits in contextual fear conditioning in C57BL/6 mice.

#### **METHODS**

#### Subjects

Eight- to twelve-week-old, male C57BL/6 mice (n = 8-13 per group) were purchased from the Jackson Laboratories. Mice were housed in groups of four and provided with ad libitum access to food and water. The colony room was maintained on a 12 h light/12 h dark schedule (lights on at 07:00), and all behavioral, surgical, and pharmacological procedures occurred between the hours of 08:00 and 18:00.

# **Drugs and Administration**

Mice were prepared with mini osmotic pumps (Alzet, model 1002, Durect Co., Cupertino, CA) that administered saline or 6.3 mg/kg/day of nicotine bitartrate (Sigma, St Louis, MO; dose reported as freebase) at a rate of 0.25 µl/h. Pumps were removed on day 12, 24 h before the mice were trained in delay fear conditioning. The dose and duration of nicotine administration were selected based on data from a previous



study (Davis et al, 2005), indicating that mice withdrawn from administration of 6.3 mg/kg/day of nicotine for 12 days were impaired in contextual fear conditioning. In addition, this dose of chronic nicotine produced plasma nicotine levels similar to those seen in smokers (Benowitz et al, 1989; Henningfield and Keenan, 1993). All mice received an acute intraperitoneal injection of either saline or atomoxetine (Sigma; 0.2 or 2.0 mg/kg) 20 min before training and testing for freezing in response to the context in experiments 1 and 2. In experiment 3, mice withdrawn from chronic nicotine received saline or 2.0 mg/kg of atomoxetine before training or before testing for freezing in response to the context. For all experiments, atomoxetine was not administered before testing for freezing in response to the CS, because previous research (Swanson et al, 2006) indicates that rat brain concentrations of norepinephrine remain elevated 4h after administration of a dose of atomoxetine that is similar to our effective dose of the drug. The doses of atomoxetine used for the present studies were selected based on a previous study from our lab (Gould et al, 2005). Furthermore, similar doses of atomoxetine have been shown to be effective in ameliorating ADHD in animal models (Blondeau and Dellu-Hagedorn, 2006; Moran-Gates et al, 2005). Drugs were dissolved in saline and acutely administered at an injection volume of 0.01 ml/g of bodyweight.

# **Surgical Procedures**

Mini osmotic pumps were implanted subcutaneously via an incision in the back of each mouse, as described in Davis et al (2005). Surgical procedures were conducted under sterile conditions, and mice were anesthetized during the surgery using isoflurane.

## **Apparatus**

Training and testing for freezing in response to the training context occurred in four identical conditioning chambers  $(17.78 \times 19.05 \times 38.10 \text{ cm})$  that were housed in sound attenuating boxes (MED Associates, St Albans, VT). The training chambers were constructed of Plexiglas walls in the front and back and stainless-steel sides. Each chamber floor was comprised of 18 metal rods spaced 0.6 cm apart and connected to a shock scrambler. Background noise (69 dB) and air exchange was provided by fans located at the back of each box, and speakers for delivering the CS were mounted on the right wall of each box. Stimulus administration was controlled by an IBM-PC running MED-PC software.

Testing for freezing in response to the CS occurred in separate conditioning chambers housed in sound attenuating boxes that differed from the training chambers in size  $(20.32 \times 22.86 \times 17.78 \text{ cm})$ , construction (clear, Plexiglas walls on the front, back, and sides, and an opaque plastic floor), and location. In addition, a novel olfactory cue (vanilla extract) was added to further alter the context. A speaker for delivering the CS was mounted on the left wall of the conditioning box.

# **Behavioral Procedures**

Mice were trained using two coterminating white noise CS (30 s, 85 dB)-footshock US (2 s, 5.7 mA) pairings. Training sessions were 5.5 min in duration: baseline freezing was evaluated during the first 120s before the first CS-US presentation, immediate freezing was evaluated during the 120 s intertrial interval (ITI), and the training session ended with a 30-s period during which behavior was not evaluated. Twenty-four hours after training, freezing in response to the training context was assessed for 5 min. Generalized freezing (pre-CS) and freezing in response to the CS were evaluated 1 h later over 6 min in altered context chambers; pre-CS freezing was assessed during the first 180 s, and freezing in response to the CS was assessed for the next 180 s.

Freezing, the absence of movement except for respiration, was used as a behavioral measure of the associations between the context and the US and the CS and the US. As in previous research (Davis and Gould, 2006; Davis et al, 2005, 2006; Gould, 2003; Gould et al, 2004; Gould and Higgins, 2003; Gould and Lommock, 2003; Gould and Wehner, 1999), a time-sampling procedure in which the freezing behavior of each mouse was assessed by experimenters who have shown inter-rater reliability >90% for 1s every 10s was employed to record freezing behavior during training and testing. Experimenters who scored the behavior were blind to the condition of each animal in order to prevent observer bias.

## **Statistical Analyses**

Data for the first experiment were analyzed using 2 (withdrawal treatment group)  $\times$  2 (saline or 2.0 mg/kg atomoxetine) ANOVAs. Post hoc, Tukey-adjusted contrasts were performed to determine differences between groups. Data for the second and third experiments were analyzed using one-way ANOVAs, and post hoc comparisons were carried out using Tukey-adjusted contrasts.

#### **RESULTS**

The effects of withdrawal from chronic nicotine and atomoxetine administration on baseline, immediate, contextual, pre-CS, and CS freezing were examined (see Figure 1). A  $2 \times 2$  ANOVA revealed a main effect of saline/atomoxetine treatment group on freezing in response to the training context at testing (F(1,34) = 15.70, p < 0.05)and a significant interaction between the withdrawal treatment variable and the saline/atomoxetine treatment variable (F(1,34) = 9.59, p < 0.05). Tukey HSD analyses indicated that mice withdrawn from chronic nicotine (6.3 mg/kg/day for 12 days) that received saline at training and context test (n = 10) were impaired in contextual fear conditioning compared to all other groups (t(34) = 2.74,p < 0.05; t(34) = 3.28, p < 0.05; t(34) = 4.99, p < 0.05 vs mice withdrawn from chronic saline and treated with acute saline (n = 10), mice withdrawn from chronic saline and treated with 2.0 mg/kg of atomoxetine (n = 9), and mice withdrawn from chronic nicotine and treated with 2.0 mg/kg of atomoxetine (n = 9)). Thus, administration of 2.0 mg/kg of atomoxetine reversed the nicotine withdrawal-associated deficit in contextual fear conditioning, because mice withdrawn from chronic nicotine that received atomoxetine demonstrated levels of contextual fear conditioning that were similar to saline-withdrawn mice that received saline

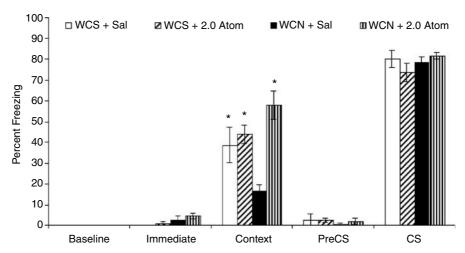


Figure I The effects of withdrawal from chronic nicotine and atomoxetine administration on contextual and auditory fear conditioning were examined. Tukey-adjusted post hoc analyses revealed that mice that were withdrawn from nicotine and received saline before training and testing (WCN+sal) demonstrated significantly lower levels of freezing in response to the context than mice withdrawn from chronic saline that received saline before training and testing (WCS+Sal). Atomoxetine (WCN+2.0 Atom) administration reversed this deficit. There were no differences among groups in freezing in response to the CS. Nor were there significant pairwise differences between groups in baseline, immediate, or pre-CS freezing. Error bars represent  $\pm$  SE from the mean. \*p<0.05 compared to mice withdrawn from chronic nicotine that received saline before training and testing (WCN+sal). n=9-10 per group.

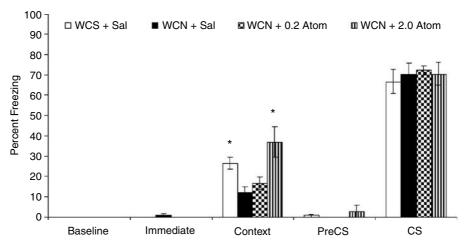


Figure 2 A second experiment was conducted to determine if a lower dose of atomoxetine would reverse nicotine withdrawal-associated deficits in contextual fear conditioning and to replicate our finding with the  $2.0 \, \text{mg/kg}$  dose of atomoxetine. Tukey-adjusted follow-up comparisons revealed that  $2.0 \, \text{mg/kg}$  (WCN +  $2.0 \, \text{Atom}$ ) but not  $0.2 \, \text{mg/kg}$  (WCN +  $0.2 \, \text{Atom}$ ) of atomoxetine reversed the nicotine withdrawal-associated deficit in contextual fear conditioning. There were no differences among groups in baseline, immediate, pre-CS, and CS freezing. Error bars represent  $\pm SE$  from the mean. \* $p < 0.05 \, \text{compared}$  to mice withdrawn from chronic nicotine that received saline before training and testing (WCN + sal).  $n = 9 - 10 \, \text{per}$  group.

before training and testing (p > 0.05). Mice withdrawn from chronic saline that received atomoxetine also demonstrated levels of contextual fear conditioning that were similar to saline-withdrawn mice that received saline before training and testing (p > 0.05).

Multiple  $2 \times 2$  ANOVAs were performed to examine the effects of withdrawal from chronic nicotine and atomoxetine administration on baseline, pre-CS, and CS freezing revealed no significant main effects and no significant interactions among the groups (p > 0.05 for all comparisons). There was a significant main effect of withdrawal treatment group on immediate freezing (F(1,34) = 6.19, p < 0.05); mice withdrawn from chronic nicotine demonstrated higher levels of immediate freezing than mice

withdrawn from chronic saline administration regardless of atomoxetine treatment. *Post hoc* comparisons between the treatment groups revealed no significant pairwise differences in this measure (p > 0.05 for all comparisons).

To determine if a lower dose of atomoxetine would reverse nicotine withdrawal-associated deficits in contextual fear conditioning and to replicate our finding with the 2.0 mg/kg dose of atomoxetine, a second experiment was conducted (Figure 2). Mice withdrawn from chronic nicotine received an acute injection of saline (n=9), 0.2 mg/kg of atomoxetine (n=9), or 2.0 mg/kg of atomoxetine (n=10) before training and testing. As in the first experiment, there was an effect of treatment on freezing in response to the training context at testing (F(3,37) = 6.36),

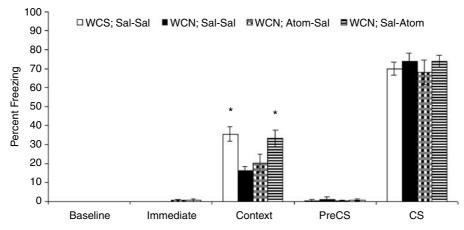


Figure 3 Experiment 3 examined if atomoxetine administration before training only or testing only would reverse nicotine withdrawal-associated deficits in contextual fear conditioning. A one-way ANOVA revealed that there was an effect of treatment. Tukey-adjusted follow-up comparisons indicate that mice withdrawn from chronic nicotine were impaired in contextual fear conditioning (WCN; Sal–Sal) compared to mice withdrawn from chronic saline that received saline at training and testing (WCS; Sal–Sal). Atomoxetine administration prior to testing only (WCN; Sal–Atom) but not training only (WCN; Atom–Sal) reversed this deficit. Error bars represent  $\pm$  SE from the mean. \*p<0.05 compared to mice withdrawn from chronic nicotine that received saline before training and testing. n = 10–13 per group.

p < 0.05). Post hoc comparisons revealed that mice withdrawn from chronic nicotine that received saline at training and testing demonstrated significantly lower levels of contextual fear than mice withdrawn from chronic saline that received saline at training and testing (n = 9). Furthermore, the nicotine withdrawal-associated deficit in contextual fear conditioning was reversed by administration of 2.0 mg/kg of atomoxetine (t(37) = 4.04, p < 0.05), but not 0.2 mg/kg of atomoxetine (p > 0.05). There were no differences among groups in baseline, immediate, pre-CS, and CS freezing (p > 0.05 for all comparisons). This lack of significant differences between groups in freezing in response to the CS, pre-CS freezing, and baseline freezing, suggests that the deficit in contextual fear conditioning in mice withdrawn from chronic nicotine is not due to alterations in general arousal and general freezing behavior.

A third experiment was conducted to examine if atomoxetine (2.0 mg/kg) administration before training alone or testing alone would reverse the nicotine withdrawal-associated deficit in contextual fear conditioning (Figure 3). One-way ANOVAs revealed that there were no differences among the treatment groups in baseline freezing, immediate freezing, pre-CS freezing, and freezing in response to the CS (p > 0.05 for all comparisons). However, there was a significant effect of treatment on contextual fear conditioning (F(3,41) = 5.59, p < 0.05). Post hoc analyses indicated that mice withdrawn from chronic nicotine that received saline before training and testing (n = 10) demonstrated significantly lower levels of contextual fear conditioning than mice withdrawn from chronic saline that received saline before both training and testing (n = 10; t(41) = 3.29, p < 0.05). The nicotine withdrawal-associated deficit was reversed when atomoxetine was administered before testing for freezing in response to the training context (n = 12; t(41) = 2.97, p < 0.05), but not when atomoxetine was administered before training (n = 13;p > 0.05). In fact, mice withdrawn from chronic nicotine that received atomoxetine before training (n = 13) froze significantly less in response to the training context than their saline-treated counterparts (t(41) = 2.79, p < 0.05).

#### **DISCUSSION**

The present study provides the first evidence that nicotine withdrawal-associated deficits in contextual fear conditioning (Davis et al, 2005) can be reversed by atomoxetine, a norepinephrine reuptake inhibitor used to treat ADHD. More specifically, atomoxetine reverses deficits in contextual fear conditioning when administered before testing but not before training. These results could suggest that the observed nicotine withdrawal-associated impairment is due to a deficit in the retrieval of the association, which is reversed by atomoxetine administration. Alternatively, mice withdrawn from chronic nicotine could be impaired in the acquisition of contextual fear conditioning, and atomoxetine administration could be enhancing retrieval thereby increasing levels of contextual fear conditioning in nicotine withdrawn mice to levels that are comparable to those of controls. A recent study by Murchison and colleagues (2004) suggesting that the norepinephrine promotes retrieval of contextual and spatial memories provides evidence for the latter interpretation.

In order to understand how atomoxetine administration reversed the nicotine withdrawal-associated deficit in contextual fear conditioning, it is necessary to understand how nicotine withdrawal produces its effects on contextual fear conditioning. Although the mechanism(s) through which nicotine withdrawal disrupts contextual fear conditioning remain unknown, a number of possibilities exist; nicotine withdrawal could disrupt contextual fear conditioning by altering nAChR function, by altering neurotransmitter release, and/or by altering cell signaling cascades that support learning and/or recall of the task. Atomoxetine could ameliorate nicotine withdrawal-associated deficits in contextual fear conditioning by counteracting some or all of these types of changes in neural function.

Chronic nicotine administration is associated with nAChR desensitization (Marks et al, 1983, 1991; Olale et al, 1997; Peng et al, 1993, 1994, 1997; Wooltorton et al, 2003) and with increases in nAChR density (Collins et al,



1988, 1994; Collins and Marks, 1989; Marks et al, 1983, 1985, 1991, 1992; Nguyen et al, 2003; Pauly et al, 1991, 1996; Peng et al, 1994, 1997; Perry et al, 1999; Whiteaker et al, 1998). These functional changes could lead to alterations in learning-related acetylcholine release, which could contribute to deficits in contextual fear conditioning during nicotine withdrawal. It is possible, then, that atomoxetine counteracted a potential nicotine withdrawal-related alterations in nAChR function and number by increasing acetylcholine levels. In support, atomoxetine dose dependently increases levels of acetylcholine in the hippocampus and the prefrontal cortex via α2 norepinephrine and/or D2 dopamine receptor activation (Tzavara et al, 2006). Further research is necessary to determine if withdrawal-related changes in nAChR function and number underlie the deficit seen in contextual fear conditioning and to determine if this is one mechanism through which atomoxetine administration reversed this deficit.

Atomoxetine may also reverse nicotine withdrawalrelated deficits in contextual fear conditioning by altering noradrenergic function. Both nicotine administration (see, eg, Azam and McIntosh, 2006; Barik and Wonnacott, 2006; Singer et al, 2004) and atomoxetine administration (Swanson et al, 2006) can increase norepinephrine levels in brain regions that are involved in contextual fear conditioning, including the hippocampus. Alterations in noradrenergic function that may result from chronic nicotine treatment, and withdrawal from chronic nicotine treatment could lead to disrupted contextual fear conditioning during nicotine withdrawal. In support, multiple studies have shown that chronic nicotine treatment is associated with altered noradrenergic function. However, the direction of the functional alterations varies across studies. For example, Fu and colleagues (1998) demonstrated that nicotine-stimulated norepinephrine release in the hippocampus was reduced following repeated intrahippocampal nicotine infusions. Conversely, Grilli et al (2005) reported that continuous chronic nicotine treatment in vivo was associated with increased nicotine-stimulated norepinephrine release in hippocampal synaptosome preparations. Studies that assessed the effects of nicotine withdrawal on noradrenergic function have also yielded conflicting results. Jacobs et al (2002) demonstrated that nicotine-stimulated norepinephrine release from rat hippocampal slices was decreased in mice treated chronically for 10 days with nicotine via twice daily injections and withdrawn for 14h after the last injection. In contrast, Barik and Wonnacott (2006) demonstrated that cholinestimulated norepinephrine release in hippocampal slices was increased 3 days after rats were withdrawn from continuous nicotine administration via osmotic minipumps. Divergent results among studies that examine the effects of chronic nicotine and nicotine withdrawal on noradrenergic function may reflect differences in nicotine dose and administration patterns. In addition, the time of testing after nicotine withdrawal may have contributed to differences in the results; Barik and Wonnacott (2006) examined norepinephrine release 3 days after nicotine was withdrawn, whereas Jacobs et al (2002) examined NE release after 14h of nicotine withdrawal. Nonetheless, the possibility that both the disruptive effects of nicotine withdrawal on contextual fear conditioning and the ameliorative effects

of atomoxetine involve altered noradrenergic function is an intriguing idea that warrants further attention.

In addition to alterations in cholinergic and noradrenergic function, it is also possible that chronic nicotine administration and nicotine withdrawal alter cell-signaling cascades involved in contextual fear conditioning. Atomoxetine could reverse behavioral deficits that result from such alterations by stimulating those same cell-signaling cascades. For example, extracellular-regulated kinase (ERK) is critically involved in contextual fear conditioning (see Adams and Sweatt (2002) and Sweatt (2004) for reviews), and cAMP response element binding protein (CREB), one of the downstream targets of ERK (Abel and Kandel, 1998; Abel and Lattal, 2001; Athos et al, 2002; Bourtchuladze et al, 1994), is also critically involved in contextual fear conditioning (Athos et al, 2002; Bourtchuladze et al, 1994). Recent research indicates that chronic nicotine administration alters both ERK and CREB activation (Brunzell et al, 2003), and nicotine withdrawal also alters CREB activation (Brunzell et al, 2003; Pandey et al, 2001; Pluzarev and Pandey, 2004). It should be noted, however, that the direction of chronic nicotine and withdrawal from chronic nicotine-related alterations in ERK and CREB activation vary across brain regions and with methods of administration.

Provided that disruptions in ERK, CREB, and/or other second messengers involved in contextual fear conditioning underlie nicotine withdrawal-associated deficits in the task, increased activation of adrenergic receptors via atomoxetine administration could reverse these disruptions. Indeed, activation of  $\beta$  adrenergic receptors is critically involved in ERK-dependent LTP in the hippocampus (Thomas et al, 1996; Winder et al, 1999), and  $\beta$  adrenergic receptor activation is associated with increased ERK activation (Berkeley and Levey, 2003; Watabe et al, 2000) and CREB activation (Lin et al, 1998; Thonberg et al, 2002). The possibility that nicotine withdrawal and atomoxetine administration during nicotine withdrawal alter contextual fear conditioning via changes in ERK, CREB, and/or other second messengers will require further study.

In summary, the data presented here indicate that atomoxetine reverses nicotine withdrawal-associated deficits in contextual fear conditioning. Although the mechanism(s) through which atomoxetine reverses the nicotine withdrawal-associated deficits in contextual fear conditioning is unknown, these results suggest that atomoxetine might prove useful in aiding in smoking cessation and that clinical investigations are warranted. Clearly, additional research is necessary to understand the factors that contribute to nicotine withdrawal-associated deficits in cognitive processes and to understand how atomoxetine can reverse these deficits. Understanding these processes might lead to the development of more effective treatments for nicotine withdrawal symptoms.

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